"Committed" to being heard

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A voice indefinitely
"Committed" to being heard
TELL ALL YOUR FRIENDS

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Check out Committed to being heard on the following website:
http://www.cure-sort.org/mn—committed-to-being-heard.html

State Sanctioned Suffering

By Sixx|R

So long story short, I've been incarcerated for over a quarter of my life. My original sentence was six months in the department of corrections. Somewhere along those lines or the sentence, it was determined by a panel of *people* that the crime committed in 2004 and the 6 month sentence I served, I had actually made me worse and "dangerous."

Even though I had been a model prisoner, acquired my diploma and was ready to return to society with a strong support system. With plans to continue therapy, family counseling, connecting with mental health professionals and beginning a road to reparations and repair. I even had plans of getting (legally) married (because Minnesota doesn't recognize Ojibwe Customs of Marriage).

Instead. Here I sit, sixteen years later. Amongst a host of hundreds of lost souls, behind rows of barbed razor wire, locked doors and overly suspicious and under-qualified staff, who for decades had no idea what they were doing. *And still don't.*

Tonight, I went outside for the first time for what seems like a really long time and as I gazed up, I could see millions of miles away, the faint sparkle of glimmering light. Ever have that feeling that you're so small, and your voice so weak, that no one can hear or see you. It's heartbreaking. Devastatingly heartbreaking. It is a feeling akin to seeing someone trapped in a glass box, and there is nothing you can do to alleviate their suffering. Leaves one feeling completely powerless.

When I was railroaded into the M$OP, I was told by psychologist James Alsdurf, the county attorney and Judge Paul Benshoof that it would take me no longer than 3 years *max* to work through the program and be released back into the community, a changed and better man.

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"I did the work, I put in the time, now where the fuck is my human reward?!"
Iliza Shlesinger

"Committed" to being heard

MISSION STATEMENT

This newsletter has the full intent and purpose of presenting a continuous uncensored, *thought provoking informative service within the space it resides in.* Its functions are to spread a message which offers a better understanding of what transpires within the Minnesota *Sex Offender Program ("M$OP").* We believe every individual ultimately possess a natural ability to overcome every negative force which impacts their daily life. Through understanding and obedience of Universal Law we are afforded a more informed "freedom of choice". Freedom of choice allows each of us to encircle ourselves with those who share the same interests and values. Freedom of choice is making decisions for yourself; decisions which does not inflict harm upon another human being.

Disclaimer:

Statements, viewpoints and opinions expressed in articles, letters to the editor, or from other writers, are those of that individual author; and **do not** reflect the position/opinion of this newsletter. All submissions become the property of "Committed" to being heard and may be eligible for reprint without that authors consent.

Guidelines: This newsletter will attempt to perform research, conduct interviews and gather information in an effort to create content that will inform and educate its readers about activities, events of interest which transpire throughout the M$OP's detention facility. We possess the right to not publish any submitted materials. As editor(s), We may edit any submitted materials to bring the material into conformance with acceptable journalistic standards to the best of our knowledge, ability, and/or available space. This newsletter *reserve the right* to publish employees name based upon their relevant involvement to the circumstances pertaining to identified articles. All articles submitted for publication *must include the authors* first and last name. The editor(s) reserve the right to submit questions for reader's views and comments on any subject matter published within these pages.

Minnesota Constitution
ARTICLE I – BILL OF RIGHTS

Sec. 3. **Liberty of the press.** The liberty of the press shall forever remain inviolate, and all persons may freely speak, write and publish their sentiments on all subjects, being responsible for the abuse of such right.

Thought for the Month

Thunder rolls, and the wind blows; both are examples of extreme mobility and so are seemingly the very opposite of duration, but the laws governing their appearance and subsidence, their coming and going, endure. In the same way the independence of the superior man is not based on rigidity and immobility of character. He always keeps abreast of the time and changes with it. What endures is the unswerving directive, the inner law of his being, which determines all his actions.

Hêng/Duration. Thunder, pg. 127, of the "Book of Changes" by Wilhelm/Baynes

"Universe, I'm the best possible version of myself. . ." *Iliza Shlesinger*

Commentaries

- ***Terry has filed an appeal on the complaint against Minn. Attorney General Keith Ellison for his failure to protect Minn. Citizens from being punished through civil commitment. He's allowing MSOP administration to violate due process as defined within the 14th Amendment. I've just learned that the appeal was denied.***
- ***Terry has also filed his complaint in the Carlton County Court involving being denied mental health treatment. I've sent a copy of the complaint to CURE-SORT asking them to post it onto the link they've provided to CTBH. I am awaiting for the Court to provide me with a copy of the complaint with the Courts seal on it and a filing number. I will then provide that number within the confines of this newsletter for anyone who may be interested. As always I'm very much interested in receiving assistance from anyone willing to help.***
- ***Sixx\|R and myself are fully aware that many MSOP employees read CTBH. This is our methodology of dealing with our daily struggles while being civilly committed. We've asked for feedback from any staff member who is willing to speak to us. We willingly afford any staff member the opportunity to submit their own material for publication in this newsletter.***
- ***We've made it through another year, and becoming more and more successful! Thanks to everyone who is providing us with their assistance to becoming a better newsletter.***

(Continued from page 1 State Sanctioned Suffering.)

Hurting, I made the choice to give it my all. For those three years I worked and worked and talked and talked and presented assignment after assignment in one group after another, with one therapist after another, with one incoming and outgoing program director after another. Through curriculum change after curriculum change after another. It just went on and on.

Heartbroken when my family asked, *when are you getting out*. This would be a repeated inquiry in almost every phone call, letters and greeting cards, with my loved ones expressing, "*Hope to see you home soon.*"

I'd gone through too many family tragedies being locked up than I can remember, and I've witnessed over forty deaths while serving this sentence.

It amazes me, that the people who work here, when I express my sorrow to them, I see it in their eyes. A spark of conscience that triggers their fight or flight response. Can't feel, can't acknowledge the mental and emotional harm being done . . By keeping someone locked up that they see and witness and interact with, who would have no problems reintegrating into society . . . a healthy individual.

Furthermore, someone they know will be successful, but maybe that's it, they don't want to see people they've shamed and dehumanized to succeed. It goes against their cultural motto.

(State Sanctioned Suffering continued on page 4)

Have you finished reading your copy of "Committed" to being heard?

Why don't you give it to someone you know; let them read it; and keep sharing it. Leave it behind at the laundry mat, grocery store, bulletin board, or courthouse. Why not mail it to a friend. If you are interested in getting your own copy you can leave me a voice message at 218-351-1900 ext. 97666 or you can write me at the address listed on the front page. Your support is greatly appreciated.

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Rather, they sit with pursed lips, squinted eyes and puckered taint to force out from feeling . . . *human*.

Then there's the repeated mantras I've heard since the beginning. "*Just keep doing what you're doing.*" "*You have my support.*" "*Things are changing…*"

Yeah. That's soooo comforting. Thanks for the reassurance. I'll just keep doing that. Maybe if I too made four to six grand every pay period I could make such easy comments to someone whose life is literally in their hands.

The reality is, they have absolutely no fucken clue. All my plans have changed. My high school sweetheart, who at the young age of thirty, became a victim of an uninvestigated and therefore unsolved murder. My mother, who I last saw while I was in full restraints like Hannibal, laying on her death bed. She would die within twenty four hours later from metastatic breast cancer.

Those who work for M$OP, *not all*, but the vast majority. Sustain the distortion that they are "treating" severe mental illnesses. I ask, where are the severe signs and symptoms of distress or impairments of any such severe mental illnesses requiring this degree of maximum security?! The reply is, your crime and your behavior—umteen-years to decades ago—is why you are here. But this expression is even more vaguely stated from clinical, and even more distorted from the overall M$OP employees. Essentially, we're put on a form of "therapeutic trial" to not only acknowledge the fucked up mindset we had years to decades ago, but to allege that mindset still exist today. It is truly asinine and the definition of insanity.

Whether the intent is deliberate, or not. The impact is still the same, induced shame, guilt and remorse, can never be forgotten and should never be forgiven. This is unfortunate.

As for me, Sixx\|R , I guess I see things rebelliously. Want to reduce risk… then we treat one another like human beings with beating hearts, and compassionate minds and loving spirits. It is not an easy job and the vast majority of M$OP clinicians refuse to adhere to any ethical professional judgment and rather, are dictated by their self-induced hatred for what society has stigmatized a sub-human class of Americans.

Back to the original inquiry. Where do we find ourselves, in all this mess?

C-our-age. We each need to demonstrate courage. . . . I find myself frustrated as I sit and write this, because I have been making this simple statement for over a decade now and no one has been listening. So does it bare any weight to repeat it. . .

I'm not going to downplay my strengths
so you feel less shitty about your own shortcomings. Iliza Shlesinger

Looking For Help

By Terry Branson

I know this newsletter is being circulated in a lot of different directions. I am searching for some legal assistance from someone who believes it's time to put an end to civil commitment - in the state of Minnesota. Like many others I believe I have an idea worth pursuing, and I know that it never hurts anyone to consider whether an argument is worthy of representing.

So, if you are a law firm willing to take a complaint in a pro bono capacity, then I'd surely like to hear from you. I will mail you a rough draft of the complaint upon receiving your address. Thank you for your time and consideration.

AFRAID?

By: Terry Branson

As we get older we start looking backwards and ponder things that really didn't matter to us all that much. We start questioning what is it that causes another person to experience fear? What do we need to be afraid of?

A group of us was sitting upstairs and watching a new release the other night. There was that moment where the unexpected happens and you experience a skip in the beating of your heart, or you jump in your seat.

After words you sit back either in denial that you had such an experience, or you laugh about it in embarrassment.

Russell had a sweatshirt that apparently created some fear in some of the M$OP employees in the facility. Never mind that it said "Debwe" which stands for "TRUTH" in his native language, and on the back it had "Idle No More". Idle No More is a Canadian First Nation Peoples version of "sexual violence awareness". But what the real kicker is it had an "OCEAN" emblem on the front of it.

Why is it that they are so afraid of this particular emblem? It does no good asking them as they always come up with the excuse that it's counter-therapeutic, and deem the shirt contraband. But that can't be the real reason behind their seizing someone's property as there are a lot of shirts that have writing or emblems on them.

They literally have a fear for the organization identified as OCEAN.

This reminds me of when homosexuality was just becoming acknowledged throughout the U.S. There was so much fear and prejudice surrounding this type of lifestyle. Course now it's considered acceptable by society, and don't say anything negative about a homosexual or you're discriminating against them.

Whoa! Whoa! Whoa!

Remember when woman took off their bra's and burned them? What an uproar that caused!

There is always something going on that causes some form of uproar by those who are afraid of change.

Is OCEAN' message any different. So what they want to put an end to M$OP. Do they not have a right to spread their message to anyone who is willing to listen to them?

To me this is a perfect example of what tyranny is. When an agency who doesn't agree with the message being discussed utilizes their authority to shut the message down. Is it working? I seriously doubt it! And, it can't be!!

This is yet another example of how M$OP employees use their punitive powers to control the patient population. If you don't do what we tell you to do, then we will find a way to punish you for failing to kiss our asses and acknowledge that we can do whatever we want without punishment.

In reality the staff employed at M$OP are unconcerned about their actions as they have never had to be accountable for what decisions they make.

To me what they've done is a violation of both the U.S. and Minnesotan Constitutions. Every citizen within the U.S. has the right for freedom of expression and speech. Except for those patients mentally ill and illegally being detained within the M$OP facilities. Punish, Punish, Punish!

"Staff Concerns"

By Terry Branson

We do not have internet access available to us by ORDER of Nancy Johnston. Ms. Johnston does not want the patient population to be able to obtain information freely available to the rest of the world. Her plan which is supported by many of those working throughout MSOP is to keep every patient completely in the dark.

It is my personal belief that she lives in fear that the patients will usurp the civil commitment of those illegally being detained under the guise of treatment. It is also my belief that she fully believes she is doing nothing wrong.

She is demonstrating similar behavioral patterns of those who have been convicted of committing crimes. As we all know there are varying stages when it comes to denial. And, it becomes easier to believe that what you are doing is the right thing when you have support from your peers. In fact you convince yourself that you are providing protection when in fact you are subjecting those less fortunate to continuous harm.

In last month's newsletter an article about how an MSOP employee went on the rant (over the internet) about "sex offenders" being detained at MSOP-ML. Mr. Lammi was provided a venue in which he was capable of demonstrating his level of hatred to the entire world when it comes to those he is suppose to be providing some form of therapeutic rehabilitation too.

The director of 1-E unit, Scott Giannini, approached me expressing concerns involving the Lammi article published in the newsletter. So I sent a client request form to him with the following :

The other day you asked to talk to me about a concern regarding my newsletter. You stated this concern was expressed by administration. I would like to know who this person is, as I would like to communicate with them. Also was there any incident reports written or communication logs involving this issue?

His response : *The concern was not expressed by Admin., the request for follow-ups was given to me by Jordan Goodman, through the Administrative process. As for documentation on this issue, you would need to follow the data request process through HIMS. Thank you.*

Although I'm being told that this concern was not expressed by administration, I am also being told that it is through the administrative process.

Quite frequently we (the patients) are provided with responses which are specifically designed to have us chasing a response from any number of different directions. What I frequently refer to as the rabbit hole. This is an intentionally well thought out design. It shifts the focus and subjects a person to end up writing one dept. head after another and if the request isn't specific enough with a detailed request, then the writer ends up frustrated and giving up.

What I've learned from the past about staff concerns is quite simple. They only have a concern when it comes to a patient expressing an opinion that goes against what they want to portray to the public. Although they verbally express concerns about patients well-being, they in actuality demonstrate through their actions that they want to continue with finding ways to impose punishment upon the entire population based upon their attitude towards "sex offenders". It is my personal belief that they are incapable of overcoming the stigma surrounding "sex offenders" that they helped create.

MSOP's COVID PROTOCOL

By Terry Branson

MSOP's administration has once again chosen to use COVID as an excuse to lock entire units down in order to keep units separated. But this hasn't stopped them from having staff from what they determine as infected units from meandering over to other units.

As of today Jan. 17, 2024 all clinical programming has been suspended until further notice. All education classes was previously suspended due to COVID.

Units Beta, 1A and 1B have each been locked down based upon health services confirming active COVID testing. These units remain locked down for approx. 10 days. This is also based upon no new positive results from testing.

I remember last year patients was refusing to be tested as they didn't want to be forced to suffer from being continuously locked-down. Nobody wanted to spend 24 hours a day stuck inside a cell where you only get two 15 minute breaks a day. MSOP's administration chooses to continue overcrowding the complex building while other beds continuously remain unoccupied throughout the facility.

Once again I bring up the issue of overcrowding throughout the entire MSOP programming. There are two patients residing in each cell in what MSOP identifies as the complex building. This means that if one person gets sick, then his cellie has a higher probability of getting sick as well.

It is common knowledge that there is an ongoing issue pertaining to understaffing. Individuals come here with a the belief that this is a treatment program only to learn that it's a branch of Minnesota's Department of Corrections.

What transpires is some of those being newly hired often end up leaving. It is my belief that after they've been hired and subjected to MSOP's training program, they determine that the environment isn't conducive to an actual treatment program. I base this on previous conversations I've had with the new employees. Even some of the older employees have expressed there is a need for change in the structure of programming.

Couldn't there be some MSOP employees who actually experience some form of mental suffering that can be associated with Post Traumatic Stress Disorder?

Think about how depressive it must be when a you go to work **everyday** wanting to have a positive outcome that supports your desire for a sense of accomplishment. Yet your desire to be a positive support for another human being ends up being repeatedly disappointed because you cannot connect to the person you are attempting to help. As someone who grows up being taught to care for others; you end up achieving nothing beyond continuously experiencing the suffering of others you are incapable of helping. This completely goes against everything you are taught as a child, and that you teach your own children.

It is my personal opinion that there are a large number of individuals working throughout the MSOP facility who suffer from some form of mental depression. This is due to their inability to have a positive impact upon the environment they work within. I've heard many staff say that they would like to see major changes made throughout the program, but their voices also continue remaining unheard.

Are those employed at MSOP also suffering from traumatic experiences that negatively impact their own belief systems?

AFRAID II?

By *Sixx[R* & Terry Branson

Something changed. So this article is a follow up to the first article AFRAID. Yes Russ's Hoody with the OCEAN logo, as well as DEBWE (Ojibwemowin for Truth), and Idle No More on the back, was deemed "counter-therapeutic" by M$OP Unit Director Giannini. Simply because of the OCEAN logo. Russ had spoken with an AGS and shared concerns that he perceived he was being targeted by the security counselor (SC) who called the unit to give the directive that he could not wear it (out of the room).

This perception came about after reading the M$OP employee online comments about the KBRJ 6 interviews. The feelings he had were that he didn't know who he could have trust in and who would target him for his first amendment right regarding freedom of speech and sharing his internal insights and opinions in that honest interview.

The AGS asked if Russ was open to sitting down and talking with the SC and expressing his concern's. Russ said he was and a couple hours later he came on the unit. After a brief conversation, he wanted to look into Russ's comments about the OCEAN logo not being ever deemed counter-therapeutic, and asked if he would sit down with him to talk about it. After some time, he approached and asked if they could talk and Russ requested the presence of the AGS.

Russ then asked Mr. Branson if he would sit in on the meeting as he was hesitant to sit in a team room alone with two security staff. Mr. Branson and Russ and the AGS and SC sat in the team room and Russ expressed his concerns about perceiving he was being targeted due to the online hostile comments by M$OP employee Nick Lammi and co-workers. After he shared his thoughts, the SC spoke and said that he was initially unaware of the comments and that he has nothing to do with the comments or that group of people (M$OP employees, Nick Lammi and crew...). He apologized for the misunderstanding and then the AGS spoke sharing their opinion and concerns, hoping to provide some clarification for both sides.

Russ asked me to attend the meeting with him as a positive support person. It was apparent that the directive given to take the hoody wasn't based upon policy. And, to date Russ has received no documentation identifying that the hoody is counter-therapeutic. So why can't he wear a hoody with the OCEAN logo on it?

Terry says, My personal belief is that there is a rather large number of MSOP employees who feel threatened by those of us who refuse to simply accept what they say as gospel. Whenever specific individuals label something counter therapeutic the following question always pops up in my mind. *When are they going to start* disciplining their own peers for being counter-therapeutic? At no time during the meeting that was being held, did anyone in the room mention that clinical determined the hoody counter therapeutic.

I know from previous experience of dealing with certain staff that in reality they *don't like to have their authority questioned and simply make up bullshit to in an* effort to create a situation which causes the incident command system to be initiated. Then all they have to do is proclaim that the "client" failed to follow staff direc-

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tives and is out of behavioral control.

The biggest problem we have is that M$OP has no oversight committee which protects its patients from staff abuse. They in fact have created an environment which is devoid of any form of due process protections. I now fully comprehend what a dictatorship consists of. Only within the borders of Russia, China, Cuba and M$OP are individuals punished for expressing their beliefs.

How is it that inmates serving a sentence for punishment have more freedom of expression than those detained within the Minnesota Sex Offender Program?

This is exactly why "I" created this newsletter. I wanted to educate and make those who truly care about individuals rights to understand what transgressions are being incurred upon those being detained within this facility. I wanted to attempt to hold those who are suppose to be utilizing professional judgment during the decisions making process accountable when they act out of hatred. And, I know for a fact that there is a large number of M$OP employees who act out of hatred when they attempt to find ways to antagonize various patients so they can write a report which knowingly will keep that person from obtaining freedom when they appear before the SRB/CAP.

I fully understand this as acceptable behavior by those who are employed here. They don't have to be accountable when they make a wrong decision. Yet the patient must respond to any false accusations that these employees choose to secretly document in the patients record.

So where is the documentation by Nancy Stacken identifying that Russ's hoody is a threat to the security of this facility? Neither of us have seen any such documentation but are expected to take the word of our unit director.

Like I stated earlier. I know from experience that there are a number of MOSP employees who make shit up. I've proven it on multiple occasions throughout my newsletter.

The only threat that I observe from this hoody is a threat to their way of life. They are threatened by anything which could potentially identify how abusive these people are, and how uncaring they are towards the patient population. If they cared then they wouldn't allow their fellow peers (Mr. Lammi) to open his mouth publically and express his level of hatred towards clients who are demonstrating the ability to make positive changes. But then too Mr. Lammi apparently has far more rights when it comes to freedom of speech than anyone civilly committed.

The AGS and the SC both were going to look into getting the hoody and returning it to Russ stating there was no clarification it was actually counter-therapeutic.

Later in the week, UD Giannini returned the hoody to Russ, stating that it could only be worn in the room and not out on the unit or anywhere else. No clarification was provided why it was deemed "counter-therapeutic". Later, a SC confided in Russ that Giannini made comments about him wearing the hoody and that it was a bad reflection as the 1-E Unit Representative. So now what, Russ can't have his opinion and be an outstanding, positive influence and leader amongst his community?

It's no wonder scholars have labeled M$OP the most draconian SOCC in America.

There are two kinds of power.
One is obtained by fear of punishment, and
the other by acts of love.
Mahatma Gandhi

Approved Vendor's List . . .and then some

By: Terry L. Branson

I submitted a request to call GameStop which is a vendor on the MSOP's approved vendor list.

I submitted a client request form to make a call to GameStop. The reason I submitted the request was based upon my conversation with a GameStop employee who stated the would not talk on the phone where the conversation is being recorded. But the would talk to me and I could place my order on an unrecorded conversation.

Now I've been informed by Meg McCauley that she would not authorize me to make a gratis call to GameStop, as this approved vendor would no longer accept calls from "clients". She also informed me that I could contact her supervisor.

How is it that a company who has a vested interest in making money doesn't want to accept a call from someone who is willing to spend money? Does this make sense to anyone in the corporate world? It sure doesn't make any sense to me!

This also got me to thinking about how many clinical staff actually deal with patients on a daily basis. So I asked that very question.

There are between 400-500 MSOP employees at the Moose Lake "**Treatment**" facility. Out of those employees there are approx. 25 clinicians. These clinicians are assigned a caseload. That is not even 10% of those employed at Moose Lake. There are approx. 420 patients being detained at the Moose Lake facility. This means that there are approx. 16 patients assigned to each clinician caseload. Yet I know one clinician who has a substantially higher number of patients on her caseload.

Think about what this says in regards to the operations of this facility. You have approx. 90% of those employed at MSOP having limited contact with those patients being detained here for treatment. And yet, the 90% are more involved in the decision making process that results in counter-therapeutic progression. The 25 clinicians who actually have daily contact with their patients have limited input into anything beyond a group setting.

I question as to why are there a need for so many program managers, unit directors, security staff, etc., etc. employed here at MSOP? Especially when these individuals do not provide any therapeutic services directly to the patient population? For every patient at MSOP you basically have one-plus employee who fails to provide any therapeutic services to that patient.

MSOP has approx. 200 security counselors. The only other place where I know (from past experience) where security outnumbers case managers is in correctional facilities. And as we all know, any environment which has a higher number of security than clinical is specifically designed to impose punishment.

It is my personal opinion that the Minnesota Sex Offender Program is a failed program. There is more than sufficient evidence that supports this opinion. Whenever there is limited success involving a patients' progression, and you examine the number of patients who are failing to progress through a twenty plus year program, then a rational thinking person would start questioning what's wrong with the program? There answer is always going to be; it's the patients fault!

If a teacher demonstrates s/he is incompetent when it comes to teaching someone how to add 1+1, then is it that students fault? Teachers not only support their students, but they also encourage them to succeed. Why does MSOP continuously fail to allow its patients to succeed?

More State Sanctioned Suffering. . .

By Sixx|R

There are so many injustices that occur in the M$OP "State-of-the-art treatment" program hidden in the backwoods of northern Minnesota. So many, that it is exhausting the file a request, wait 10 days (or more) for a response, then to file another request and wait again, then another, then a grievance that is dealt with internally, which takes away any neutral decision making— denying due process rights.

Let's provide an example. Last month a guy submitted a application for tier advancement. He answered every question above and beyond and for the most part, displayed exemplary behavior, with his minimal first amendment efforts to express his opinions. Although it was affirmed that he met the criteria, it wasn't good enough and the denial of the advancement was a biased, possibly even discriminatory, decision—allegedly by the team, but this individual believes it was the Group Supervisor Scott Giannini who denied the advancement.

What is the impact of Giannini's biased denial? ***Devastating***. When this man petitions the Special Review Board, history demonstrates that the MN Attorney General and the SRB examiners will highlight this denial as if he "murdered" someone. A stretch, but this one denial can strip a person of all their years of hard work and an SRB ruling can come out that he needs to go back and address the alleged "antisocial conduct" when in fact, this person was simply expressing their personal opinion and feelings on something they may have felt strongly about.

Look at it this way if that doesn't make sense for you.

You are a student in a classroom, there is a debate going on and you make the choice to share your opinion. Now, you're entitled to your opinion right? But, the teacher disagrees with it and personalize it and, writes a report that leads to failure of the subject. But, your opinion had absolutely nothing to do with the actual material of the class. Next, the teacher calls you into a room and tells you that you failed their class because your opinions disrupted others participation in the class. *WTF?*

You are told that unless you learn to keep your opinions to yourself, you will continue to fail the class, not only that, but you'll drop back a grade if you keep it up.

In the M$OP, the first reaction by Giannini would be what's called a staff directive, then a Behavioral Expectation Report, then confrontation by the A-Team and possible deployment of 10X gas (mace), then immediate placement in the High Security Area where you are literally stripped of your clothing (cut off by the A-Team), and subjected to suffering 10X gas without the option of washing it off. If failure to shut up and conform continues, this human being is subjected to placement on an Isolation Unit (Omega) where he will languish for months to years until he has giving up and sacrificed his personality, identity, integrity and dignity, and self-respect. Unfortunately becoming forcefully institutionalized.

The M$OP is an oasis for nepotism, closet racism, totalitarianism, and failure of rehabilitation and abuse of professions such as psychology and social work.

Behavioral Cue Perception.

"We need to listen and pay attention more closely." By Sixx|R

Since I was a child, I learned to be highly perceptive. I taught myself to read behavioral cues that not many others are capable of identifying. Today the same rings true. I observe others closely, *even when they think I'm not listening, and paying* attention. Isn't this why God has giving us two ears and two eyes.

Body language, what are known as micro and macro expressions. I don't always react to them, or bring them to others attention. I think it would make others insecure and self-conscious. There are times though, when I have, and I'd been accused of mind-reading. "*How did you know I was going to do that?*"

When you have as much time as I've had over the last 16 years, to observe people and learn to assume their choices based on their behavioral cues. It's not rocket science. It really is a guessing game though, someone may exhibit a behavioral cue, doesn't always indicate they are going to react on it. They may have an intervening thought that subtly changes the behavioral cue (micro-expressions). I'd observed this frequently as well, and it always causes me to smile. It is interesting to watch though.

Are these skills I can use in general society? Yes, absolutely. I believe so. One of my goals when I exit this place is to work in a reintegration center helping people to transition and reenter society, and to be successful. I feel that these skills will help me to help others identify harmful and hurtful thinking they may be seriously considering acting on. Having these skills allows me to, in a way, enter into this their neural landscape through asking open ended questions. Then, to help to consider different ideas that may prove beneficial, not only for themselves but for others as well.

Such skills aren't easily applied in a static, artificial and impoverished controlled setting. With people who suffer severe institutionalization When someone is pulled up on behavioral cues that may be harmful, there is the immediate paranoia, fight or flight reactions. More times than not people deny their harmful thoughts that stimulated their micro and macro expressions (behavioral cues). Because doing so, in this punitive setting, can lead to punitive actions being taken by staff. If not actions, then there is the documentation by untrained and unqualified personnel which can have a devastating impact on the persons progression. Completely missing the opportunity to assist with cultivating the healthiest version of self. Far too often, this is overlooked. We can do better, we must do better, for humanity requires it.

Blog Dedicated to Healing
sohealing.blogspot.com

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