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Volume 1: Issue VIII

ocean newsletter
Overcoming Corruption Encouraging All Nations

In this 8th issue of the ocean newsletter we continue to plead with other civil commitment detainees to speak up. For this issue, instead of having an interview with a detainee, we decided to compare the gulag to the concentration camps of Nazi Germany. We are not the first to make this comparison, but we are the first to write about it from inside. We will then see how 6 men at the gulag have been denied their first amendment right to freedom of religion and have appealed for a Christian based treatment program. We will then delve into the questions, is MSOP Neofascist? Is MSOP a concentration camp?, what are the similarities between the prisoners? We will then end by giving thanks to our many supporters.

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👤 A Call to Action! 👤

Ocean Pleads with other Civil Commitment Detainees to Speak Up.

The following was adapted for civil commitment detainees. It was inspired by pages 81-83 of Viktor E. Frankl's, Man's Search for Meaning. Frankl survived the infamous Nazi death camp, Auschwitz:

God knows, I am not in the mood to give psychological explanations or to preach any sermons—to offer my comrades a kind of medical care of their souls. I am irritable and tired, frustrated and angry. But I have to make the effort and use this opportunity. Encouragement is now more necessary than ever.

We are not in the worst situation imaginable. What irreplaceable losses have you suffered? Whoever is still alive has reason for hope. Health, family, happiness, professional abilities, fortune, position in society—all these are things that can be achieved again or restored. Most of us still have our bones intact. Whatever we have gone through can still be an asset to us in the future. *“Was mich nicht umbringt, macht mich starker.”* (That which does not kill me, makes me stronger.) What about the future? It seems hopeless. How small is your chance of survival? For me, 9 out of 731—give or take. I have no intention of giving up. No man knows what the future will bring, much less the next hour. Even if we cannot expect any sensational political events in the next few days, who knows better than we do, with our experiences, how great chances sometimes open up, quite suddenly, at least for the individual.

Imagine the past and all its joys and how its light shown even in the darkness. *“Was Du erbst, kann keine macht der welt dir rauben.”* (What you have experienced, no power on earth can take from you.) Not only our experiences, but all we have done, whatever great thoughts we may have had, and all we have suffered, all this is not lost, though it is past; we have brought it into being. Having been is also a kind of being, and perhaps the surest kind.

Give life meaning. Human life, under any circumstances, never ceases to have a meaning, and that this infinite meaning of life includes suffering and dying, privation, and death. I ask this community to face the seriousness of our situation. You cannot lose hope. You should keep your courage in the certainty that the hopelessness of our struggle does not detract from its dignity and its meaning. Someone looks down on each of us in difficult hours—a friend, a wife, somebody alive or dead, or a God—and He does not expect us to disappoint Him. He would hope to find us suffering proudly—not miserably—knowing how to die.

Sacrifice has meaning in every case. The nature of this particular sacrifice seems pointless in the normal world, the world of material success. In reality, though, our sacrifice has meaning. Anyone with any sense of religious conviction can see that. We do not die for nothing.

I hope my comrades find meaning in their lives—no matter where you are. [DW]

“What you have experienced, no power on earth can take from you.” -Viktor E. Frankl

Detainee Interviews

If the authorities are going to keep us locked up forever, they are at least going to know how we're getting along.

Attention: Normally, we try to interview an msop detainee and include his story here. For this issue, we are going to do this a bit differently. One of our peers had mentioned that msop actually fits the definition of a "concentration camp" according to some sources we will cover in this issue. He encouraged us to do more research on this and expose the findings to the public. Therefore, although this is not a detainee interview, it was inspired by one. The remainder of this issue - with the exception of the last page - will focus on this topic.

Ocean believes that every Minnesotan would despise msop, if they only knew what it really was. msop has hidden in the dark for 25 years, for fear that its exposure would end it. Many still think it is a "treatment center." Don't be fooled. People do not die at treatment centers - they get treatment and those that get treatment, go home. However, msop is not a treatment center.

msop is often compared to a "concentration camp" by the detainees that live here. When I first heard this, it irritated me [DW] because we have not been locked up for our race, but because we have a "mental disorder."

I didn't understand my peers who said that this is a "concentration camp," until I did some research.

Before we delve into comparing msop to concentration camps, lets address the heart of msop power: Psychiatry and Psychology. It is important for the reader to understand msop's abuse of these fields of study, because it is within these ideologies, the average citizen is potentially affected.

The abuse of psychology and psychiatry is a weapon that was not fully refined by the Nazi party, but msop has more or less nailed it. Melissa Hamilton from Pace University School of Law warns that the current application of psychology and psychiatry could one day effect more than just sex offenders:

...law-psychiatry interface can... be exploited to apply to virtually any type of deviance, simply by linking it to Mental disease... when psychiatry turned away from the term 'mental illness' to the expansive 'mental disorder,' it opened a Pandora's Box whereby almost any behavior can be deemed an affliction of the mind and used by law to meet its own political ends. If law is a vehicle in which political ideas are executed... psychiatry has unwittingly given law the means to achieve politically efficient ends for dealing with many socially and politically difficult problems. The APA has, since the adoption of the broader genus offered by the "mental disorder" terminology, continued to expand its coverage. The DSM originally listed 106 mental disorders in its first edition in 1952. The most current edition, the DSM-IV-TR, lists over 250 disorders. Conceivably, the APA can attempt to encompass virtually any mental phenomenon within the DSM's taxonomy. With its creation and maintenance of the DSM, the APA now wields enormous power over any person or institution, including the law, willing to be governed by its epistemology and its nosology. The APA has asserted its dominion in the criminal justice arena, more specifically, in adjudicating deviance as a mental health issue. In propagating and monopolizing its classification system for psychiatry, the APA discovered that "any behavior that produced discomfort or socially undesirable behavior could be asserted as representing a disordered psyche irrespective of biological evidence... Fear of sexual predators has led society to adopt a law-psychiatry interface in which sexual offending is merged into disease-based philosophy to justify various forms of punishment and preventative control. Sex crimes have become conflated with psychiatric disease. The multiple concerns expressed herein strongly suggest that the use of the psychiatric paraphilia's in legal proceedings tends to undermine the independence and integrity of the legal and psychiatric professions... The collaboration [of law and psychiatry] threatens not only the liberty and privacy interests of those who commit sex-based offenses. The potential exists

for a contagion effect whereby interest groups might be encouraged to qualify all manner of criminal behaviors as distinct mental disorders. ... if the interaction between law and psychiatry continues in this manner, all criminals may be deemed to have mental disorders. This outcome makes no logical sense, undermines the core tents of law, infringes upon fundamental rights, and methodically destroys trust in the science of psychiatry.¹

Footnotes

1. Melissa Hamilton. "Adjudicating Sex Crimes as Mental Disease," 33 Pace L. Rev. 536, Spring Is. 2013, © 2013 Pace University School of Law

6 Men Make an Appeal to their Clinicians for a Christ Centered Curriculum

On December 22, 2019 ocean called a meeting of 6 men at msop to talk about addressing our want and need for Christian Counseling.

This meeting is long overdue as msop's ideology has failed too many of its detainees seeking real relief from their personal struggles.

The 6 of us have decided to make a last ditch effort to get our clinicians to acknowledge our beliefs, and implement them into our treatment plan for the first quarter of 2020. We are not trying to "Christianize" msop. However, we are presenting an ultimatum: they either implement our beliefs into our individual treatment curriculums, or we file a suit.

For those who don't agree with this, especially fellow Christians, let us make our argument.

Jesus challenged the authorities constantly—especially the Pharisees, who taught the Jews. His efforts were not for His personal gain, but for theirs and those who followed Him. Also, Paul was a huge advocate for God in the court room (Acts). We have been called to follow this pattern.

Psychology is an ideology. It is a structured form of analyzing human behaviors and developing solutions to human problems. msop demands that we submit to their ideology or we will never go home. What msop does is not only ineffective, it is immoral and un-American. They are holding our freedom hostage until we participate with their disgusting ideals. Some of their demands include, having sexual fantasies about people we are not married to, and watching child pornography [via. PPG].

This effort will also benefit other faiths as well. Although this particular group of 6 men are Christian and want our treatment goals to reflect what we believe, if we accomplish our goal, it will open the door for other faiths to have the same freedom. For those Christians who don't like the idea of other faiths benefiting in this way, lets us say this: As Christians, sure we would like everyone to accept Christ. However, we know that God does not want robots. Everyone should have the right to choose their path.

Some argue, "what difference does it make, they won't let you out either way." This might be true, but it doesn't matter. Of those that have been released from msop (9 out of 731 in 25 years), a couple of them were participating in the msop treatment. Therefore, we support effective treatment and effective treatment. This means a treatment tailored to the individual, including his religious beliefs.

The remainder of this issue shows the parallels between Nazi Germany and msop in an attempt to gain supporters for our efforts to reform msop.

We understand the potential for offending people by doing this. However, we believe there are similarities that are red flags to what could be the ear marks of a neofascist agenda. Please keep an open mind.

"we support effective treatment and effective treatment means a treatment that is tailored to the individual, including his religious beliefs."

Is msop Neofascist?

All of the information on “fascism” within this section, unless otherwise noted, comes from: Encyclopedia Britannica Ultimate Reference Suite. Chicago: Encyclopedia Britannica, 2013.

The Nazi party was driven by an ideology called “Fascism.” There are a few elements that make an ideology fascist, including an extreme military presence, contempt for electoral democracy, a “survival of the fittest” mentality and the absolute rule of authority. All of these exist at msop. The “survival of the fittest” mentality exists at msop quite explicitly. I have heard more than once that the reason men die here without completing the program is because they “did not apply themselves to the treatment process” even if they spent 20 years in the program and died of old age at 90 years old. However, it is clear to most that it is the “favorites” that “excel” in the program. It is those that can smile and fake their way through. However, these guys sell their soul for nothing because they are not getting out of here, they are only gaining a few cheap privileges.

msop clinical shame detainees with titles called “thinking distortions” for anyone that goes against authorities for any reason. These labels keep detainees here until they die.

Challenging authorities is called, “system stancing.” This term is conveniently reserved to shame clients into submission. According to msop, filing a lawsuit or grievance is a symptom of a mental illness, not an American right. Similarly, Fascist educators in Nazi Germany discouraged critical and independent thinking that challenged fascist ideology.

The Nazi's pushed for *Volksgemeinschaft*, which is German for “People's Community.” At msop, we have “community meetings” where, like in Nazi Germany, individual interests are subordinated to the “good of the community.” Fascist's maintain that the nation is like a family: It is strong only when the people obey their leaders in the same way children obey their parents. This mentality is grooming for a subordinate community. For msop, not necessarily to prepare us for war, but to control us as a unit and not as individuals. In addition, msop benefits as long as the physically fit are subordinate, and the unsubordinated are unfit so that those who can fight, won't and those who would fight, can't.

Those who wish to implement Fascist movements often hide their totalitarian intentions before they gain power, then they employ their ideals. Lawmakers did this in 1994 when they were creating the laws that lead detainees to msop. It was only revealed later when the recordings of the Legislative Sessions were dubbed, and msop detainees could listen to them.

Although msop allows for “elections” for “Unit Representatives” this is not democracy. Unit Reps have no power and can be terminated, or replaced at the free will of msop staff. Likewise, before they came to power, Hitler and Mussolini, despite their dislike of democracy, were willing to engage in electoral politics and give the appearance of submitting to democratic procedures.

Fascist authorities will often try to control media, especially freedom of press. If there is one area msop reflects the efforts of a fascist ideology, it is in their attempt to control our forms of expression. In the past, oppressive fascist movements would explicitly halt all press or “cleanse” it by not allowing anything what might threaten the powers that be. However, msop uses psychology as their weapon, using shame and “mental illness” to convince the detainee that they are somehow wrong for challenging authorities. ocean has experienced this first hand. This tactic is actually very effective—obviously, ocean is the exception. msop detainees are expected to submit to their clinicians like soldiers obey their officers.

msop controls the financial lives of its detainees also. To get more work hours, one must submit to the treatment ideals. The irony is that if every detainee employed in the kitchen and industry were to quit working for even a month, it would significantly injure msop's power. However, too many buy the idea that they may be, “one of the firsts” to get out. In a similar way, fascist corporatism was used to destroy labor movements and suppress political dissent. In 1936, for example, the economic program of the French Social Party included shorter working hours and vacation's with pay for “loyal” workers but not for “disloyal” ones.

Like many clinicians who claim to be “Christian” yet support homosexuality and pedophilia, the vast majority of Nazis considered themselves to be religious, and most German anti-Semites supported Christianity purged of its “Jewish” elements.

In 1931, Pope Pius XI denounced fascism’s “pagan worship of the State” and its “revolution which snatches the young from the Church and from Jesus Christ, and which inculcates in its own young people hatred, violence and irreverence.” We argue that msop does the same, and the “State Religion” is psychology and Psychiatry, in the many forms they employ it.

Fascist ideals prospered politically only when perceived economic threats increased their appeal to members of certain social groups. Similarly, it is rumored that msop was created as a “Jobs Program” for the Moose Lake area.

ocean maintains that there is no such thing as “volitional impairment.” We were not “out of control” in the literal sense and we were not “impulsive” as every action has a thought behind it. Instead, we made bad choices. However, the position of the psychiatric community is that we have a mental illness/disorder and that there is something organically wrong with our brains. If this is true (which it is not) then our problem of sexual immorality would be a genetic one—like being a Jew is genetic. The term genocide was coined by the Polish American legal scholar Raphael Lemkin. The Convention on the Prevention and Punishment of the Crime of Genocide, adopted by the General Assembly of the United Nations in 1948, defined genocide as killing or inflicting serious physical or mental injury on members of a national, ethnic, racial, or religious group with the intention of bringing about the group’s destruction, in whole or in part. The convention made genocide an international crime that could be prosecuted in the court of any country.

Does the Psychiatric community hold the position that we are genetically different than the rest of the population and that we are not fit to live among them?

The acceptance of democratic norms by western Europeans reduced the appeal of authoritarian ideologies. This required that neofascist parties make an effort to portray themselves as democratic and “mainstream.” Most neofascists abandoned the outward trappings of earlier fascist parties, such as paramilitary uniforms and Roman salutes, and many explicitly denounce fascist policies. Noting this transformation, in 1996 Roger Wolin cautioned :

“Beware of men—and women—wearing smart Italian suits: the color is now gray, the material is cut to fit the times, but the aim is still power... Fascism is on the move once more, even if its most sophisticated forms have learned to dress to suit the times.”

Is msop a Concentration Camp?

All of the information on “concentration camps” within this section, unless otherwise noted, comes from: Encyclopedia Britannica Ultimate Reference Suite. Chicago: Encyclopedia Britannica, 2013.

The Encyclopedia Britannica says that concentration camps are “to be distinguished from prisons interning persons lawfully convicted of civil crimes...” Meaning that if the location is meant to hold people who have been convicted of a crime, it is a prison, not a concentration camp. Although most msop detainees have been convicted of crimes in the past, this has nothing to do with their incarceration at msop. Those that have done prison time—in a real Department of Correction facility- should not have to do more time for past crimes. That would be Double Jeopardy. However, msop not only those who have done their rime in prison, but also those who have never committed a crime. msop has approximately 90 detainees who have either no criminal record or an “unknown” criminal record. This is because msop is not a prison for crimes that have been committed, but for crimes that are *expected* to be committed. In other words, we are here for what we “might do.”

concentration camps are defined as an: “Interment center for political prisoners... confined for reasons of state security, exploitation, or punishment, usually by executive decree...” In 2013, Minnesota Governor Mark Dayton wrote a letter to then DHS Commissioner, top authority of msop, telling her not to release anyone from msop. Supposedly, MSOP detainees are locked up due to a mental disorder and yet Governor Dayton, who is clearly not a doctor, decided to use his powers to force the commissioner to hold msop detainees.

For politicians who want to be tough on “sex offenders,” msop has been used as a tool when politicians need a little boost to gain supporters.

The American Heritage Student Dictionary, says that a concentration camp is, “An area or group of buildings where civilians, political prisoners... are confined...” Doctors across Minnesota, like Dr. Dean Cauley, understand MSOP detainees are not locked up for mental illness: “The state itself acknowledges that provisional discharge or full discharges are hindered by political forces...”¹ as opposed to a presence of mental illness.

The World Book Encyclopedia Volume 4, said that a concentration camp is, “...a place where political enemies, real or assumed, are imprisoned, usually without trial...” or “...without benefit either of indictment or fair trial...” Although Minnesota law requires what is called a “trial,” it is not a *jury* trial. It is only a judge, paid for by the state, who determines whether or not a person will get a life sentence based on what he “might do.”

The Webster's Encyclopedic Unabridged Dictionary says that a concentration camp is: “A guarded compound ...”

We are housed in buildings with two man prison cells, enclosed by two layers of razor wire fencing and more guards than detainees (because msop is providing jobs for the small town area).

We are told we are the “worst of the worst.” However, detainees who suffer from *Stockholm Syndrome* play cards with young, attractive guards, in some cases, even while they are pregnant. Yet the likelihood of a staff person being sexually assaulted is virtually zero.

The only physical assaults on staff are not sexual, and have been a direct result of an attempt to be freed from this unconstitutional detention.

msop has found a ridiculous connection between rule breaking behavior and sexual offending. This way, they simply make rules that are nearly impossible to follow and expect detainees to break them. Then they can use the most petty daily activities “rule violations,” including sharing food, offering gifts, walking on the grass, walking on the dirt, etc.

Although there are some detainees who have managed to not get a “write up” for breaking a rule, the state still finds other reasons to justify holding them. However, for most, it is the rule breaking excuse that

keeps detainees here.

Nazi Death Camps out right killed their prisoners by gassing them with Zyklon-B. msop's equivalent? Good ol' Father time. They just hold detainees until they die. The reason for this is clear: it draws less attention and they can blame the client for "not applying themselves to the treatment process." It's a perfect scheme.

Footnotes

1. Expert Report of Dean R. Cauley, Ph.D., MBA citing 2013, Ltr. from Gov. Dayton to, Comm'r Jesson, Nov. 13, 2013

What are the Similarities Between the Prisoners?

All of the information within this section, unless otherwise noted, comes from: Man's Search for Meaning, by Viktor Frankl

Born in Vienna in 1905, Psychiatrist Viktor E. Frankl survived to tell of the horrors of his experience in Nazi death camps. In Dr. Frankl's Man's Search for Meaning, he describes the mental and emotional reactions from the prisoners in Auschwitz.

Keep in mind that Hitler locked up and eventually killed Gypsies, Slavs, homosexuals, alleged mental defectives, and others, but his main focus was the Jews. These were normal everyday people. We point this out to emphasize that the similarities between the way Hitler's detainees and msop's detainees react to their confinement is not a matter of mental illness, but of human nature. Please keep this in mind as we compare the two classes of detainees.

Frankl points out his personal reflections that would be considered morbid or "unhealthy" if an msop detainee expressed them. Therefore, throughout this essay, we will repeatedly remind the reader that these are Frankl's thoughts.

The book congregates around a central theme: "He who has a Why to live for can bear almost any how." These words from Nietzsche encompasses my [DW] whole life purpose now that I'm in msop. For me, my daughter and my God, are my "Why." Frankl talks about each individuals response to suffering. ocean's response is to fight.

Before an msop detainee gets officially committed, many of them are placed on a "hold," awaiting the court's decision. During this time, and even after they are committed, many experience what Frankl calls "delusion of reprieve." For instance, I thought that someone would save me right before the gavel came down. Even after the initial commitment, it took a while to "accept" that I had actually been civilly committed and that I will likely die here. I suppose it still has not fully set in.

"An abnormal reaction to an abnormal situation is normal behavior." (p. 20) Most msop detainees have collapsed into "primitive cognition." Comfort in food, prescription drugs, alcohol, X-Box, Dungeons and Dragons etc. This phenomena is common among prisoners, but especially those who believe they will die in their facility. In a frantic attempt to escape the reality of his situation, the prisoner finds any way possible to drown out the world with physical pleasure. The result: obesity, diabetes, negative neuroplasticity, (the prisoner gets dumber) debt, addiction... the list goes on. When freedom is taken, a type of survival mode is triggered and the prisoner tends to focus on whatever feels good in the moment. This kind of regression will be catastrophic if the prisoner actually does get out.

Like Frankl predicted, many of us have become obsessed with religion and politics. In fact, this may be what birthed ocean. Although this pattern is common among prisoners, it is not negative. Politics and religion attract the prisoner who has hope; politics being our instrument to access man's power, and religion being our instrument to access God's. Frankl defends the religious prisoner by stating, "The religious interests of the prisoners, as far and as soon as it developed, was the most sincere imaginable." (p. 34)

Becoming absorbed with religion and politics can naturally leads to an interest with law. This is where the Nazi prisoners and msop prisoners differ. Nazi prisoners had no rights to use the legal process to defend themselves against tyranny. But ocean does.

To lessen its effect, and defend herself, M\$OP has made it a "thinking distortion" to utilize the legal system or to rely on God. We already mentioned that doing anything to challenge the msop system is "system stancing." But even more egregious is the thinking distortion of "religiosity." "If there is meaning in life at all, then there must be a meaning in suffering. Suffering is an ineradicable part of life, even as fate and death. Without suffering and death human life cannot be complete." (p. 67) "*Affectus, qui passio est, desinit esse passio, simulatque eius claram et distinctam formamus ideam.*" Meaning: emotion, which is suffering,

ceases to be suffering as soon as we form a clear and precise picture of it. (p. 74) This reminds me of the mantra, "it is the unknown we fear most." Perhaps understanding death helps alleviate the fear of it. Hence another reason for the prisoner to become religious.

ocean members are probably in the category of the "incorruptible optimist" that Frankl mentions. However, not the irrational type. In fact, ocean members are hopeful of our situation *because* msop is so corrupt. We hope that the worse msop gets, the more realistic it is that we could actually go home one day. Msop will destroy itself. Nothing wicked lasts forever.

Frankl talks about all of the horrors of the concentration camp—but the worst horror is apathy. The conditioning caused by repeated exposure to trauma resulting in an indifference to human suffering and death. He described it also as "emotional death." ocean knows all too much about this as our peers are riddled with apathy. In the last year alone, 13 of our peers have died. In case you missed it, that's more than 1 a month. We realize that this is not as many as Auschwitz, however trauma cannot be measured by counting deaths. It is traumatic because so many come here to enthusiastically get the help they think they need. Then they wake up one day, and 20 years have gone by and all their group members are dead and they know their turn is next. To make it worse, msop knows they can blame the detainee and everyone will buy it because of the stigma. It is an impossible trap.

ocean believes that God has provided a way for the brain to change. In fact, this is the basis of God's plan. Apathy happens when the prisoner does nothing to challenge it. However, through empathy meditation, the prisoner can develop empathy. Frankl understands this, "The experiences of camp life show that man does have a choice of action. There were enough examples, often of a heroic nature, which proved that apathy could be overcome, irritability suppressed. Man can preserve a vestige of spiritual freedom, of independence of mind, even in such terrible conditions of psychic and physical stress." (p. 65)

Frankl spoke of prisoners, who although were not physically sick, would just give up in the most absolute way. Some prisoners would literally fail to get out of their cots and instead just lay there. Eventually they would be forced into the gas chambers. At least 70 percent of msop has given up and are either building a coffin around themselves by eating their way to freedom, or just using minimal effort to do anything at all. So many are simply waiting to die.

Frankl touches on a topic that manifests itself a bit differently here. In Auschwitz, prisoners were herded from place to place like cattle. Some SS officers were more cruel than others. When prisoners moved in groups, as they passed these particular officers, those on the edges of the group would try to get into the middle of the crowd to protect themselves from random beatings. Similarly, msop detainees learn to avoid certain clinicians who are ready to find non-existent "thinking distortions" or find a reason to write false statements in the detainees records if she feels snubbed.

We understand how petty this sounds, but the reader must understand something: These clinicians are what stand in our way of freedom. The only hope, besides the legal system, or a miracle from God, is to pacify the right people. msop detainees are constantly working to gain the adoration of staff in hopes that it will lessen the chances of dying here. ocean members have decided to be the exception and are making a sacrifice by speaking out. We believe that pacifying a clinician is a waste of time and that telling them the truth is the best chance we have.

Like those in Auschwitz, msop detainees are at times desperate to get alone with their thoughts. We are constantly surrounded by people. Again, msop has their way of shaming the detainee. A detainee who sticks to himself is "isolating" or "avoiding."

Frankl talks about how the phenomena of time effects the captor. Frankl makes a distinction between the prisoner who knows his outdate, and one that does not. I notice that time seems to fly in here. Frankl mentions that a week seemed to pass quickly, but a day lasted longer than a week. msop detainees relate. Also, Frankl says a prisoner once told him that his life seemed to him absolutely without future. He regarded his life as already over. Detainees say this often at msop. I also once heard a man at msop say that his family member on the phone said that, from the perspective of the family, it is as if the detainee had died.

Frankl talks about the process of “depersonalization” and that all of this seems unreal at times. msop detainees can relate, especially when we reach time markers like “New Year’s” or the next presidential election. We don’t realize how the days meld together until these events that reminds us that time is still moving eithout us. Nothing paused when we got locked up, although it sure feels like it has at times.

Frankl describes a day in the camp when it was announced that certain actions would from then on be punishable by death. This included cutting small strips from old blankets (in order to improvise ankle supports) and other petty crimes, like minor theft. The announcement was influenced by an event days prior when a starved prisoner had taken potatoes. The authorities did not know who did it and threatened to not feed the prisoners if they did not give the man up. In response, 2,500 men decided to fast.... Was this response “criminal thinking?” or “system stancing” as msop would claim? Sure it is... However, it’s not wrong. The prisoners in Auschwitz did the right thing to not give up their peer because they knew he would be killed. Likewise, to “hold your peer accountable” as they call it at msop, by telling on him for anything, only assists in sealing his fate to die here from old age.

Frankl also talks about his techniques for talking his peers out of committing suicide. Sadly, my reaction was instantly, “Oh, I need to know this.” (Think about this. An msop “client” is seeking advice from an Auschwitz prisoner on how to keep his peers from killing themselves.) “When a man finds that it is his destiny to suffer, he will have to accept his suffering as his task; his single and unique task.” (p. 77, 78) and “You may have nothing to expect from life, life has something to expect from them.” (p. 79) Frankl also says, “a man who becomes conscious of the responsibility he bears toward a human being who affectionately waits for him, or to an unfinished work, will never be able to throw away his life.” (p. 80) and “What man needs is not a tensionless state but rather the striving and struggling for a worthwhile goal, a freely chosen task.” (p. 105) and “Ultimately, man should not ask what the meaning of his life is, but rather he must recognize it is he who is asked. In a word, each man is questions by life; to life he can only respond by being responsible... Live as if you were living already for the second time and as if you had acted the first time as wrongly as you are about to act now” (p. 109). These are the lines ocean must remember so that we can save our peers.

Frankl explains how he would continually daydream about his wife and outside life. Perhaps this was his secret to getting released. Was it his ability to conjure up freedom in his mind? If there is any truth to the concept of believing things into existence, this may be evidence. In a more practical sense, Frankl’s habit of daydreaming about freedom, as opposed to blocking it out, motivated him to look as healthy as he could, for as long as he could, to avoid being “gassed.” Perhaps msop detainees could learn something from this. It may be difficult to think about freedom, but it may motivate the subconscious mind of the detainee to find new creative ways of getting home.

“Live as if you were living already for the second time and as if you had acted the first time as wrongly as you are about to act now”

-Viktor Frankl

Ocean Thanks all who are Fighting to Restore our Constitution

ocean wants to thank all of you who are fighting for rational sex offence laws.

For the constitutional rights and liberties of all those effected by indefinite civil commitment and for abolishment of sexual offence registries.

ocean wants to specifically thank Eldon Dillingham for his unwavering support and perseverance.

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To msop clients who work as "msop Madhouse Lawyers," specifically, Pete, Mike, Ray, Cyrus, Brad, Joe, Terry, Dan, and many more.

We also want to thank our families and friends who support our cause. Daniel's mom, who tells him, "if anyone can make a difference, it's you sonny boy" is always doing research and sending vital material. Ben, Daniel's cousin, tirelessly works to educate the public along with "Mac" who is dedicated to MSOP Reform.

For Gustafson & Gluek Donovan Frank, Law Professors, Attorneys, Judges, and Mental Health Experts who are speaking out about the abuse of civil commitment and psychiatry.

ocean strongly encourages everyone to step up and take action to bring an end to irrational registry law's and indefinite civil commitment.

Thank you to anyone we forgot to mention for Overcoming Corruption Encouraging All Nations!

If you believe legislators are abusing their authority and want to end irrational registry law's and civil commitment, please go to [Change.org](https://www.change.org) and sign the petition to expire the MSOP variances. To learn more about the variances, find our Facebook page at "msop Reform" and read our article "Creating Civil Commitment Chaos: How the MSOP is Taking Millions from the Taxpayers to Lock up People they Know are not Mentally Ill." Then call the DHS Commissioner Jodi Harpstead to tell her to "expire the msop variances." [RJH/DAW]