# texas tea newsletter

A home-brewed publisher devoted to exposing the secrets of the Texas Civil Commitment Center in Littlefield, Texas.



### in this issue

#### What's Brewing This Month?

This month's tea includes a rather lengthy report detailing the "traumatic and violent conditions" that civil commitment facilities are created to prevent.

#### Want to Share Your Story?

Send any crucial documentation you want to share with us to texasteanewsletter@gmail.com or to P.O. Box 3226, San Marcos, Texas 78666 to allow us to enact change within the Texas Civil Commitment Center.

Greetings everyone, and welcome to another issue of the Texas Tea Newsletter!

## let's spill the tea By the Editor

On June 24<sup>th</sup>, a few members of F.A.C.T.S. and the creators of this newsletter met up in Houston, Texas to join the 15<sup>th</sup> Annual N.A.R.S.O.L. Conference to spread both awareness of the Lone Star State's own incarnation of civil commitment and to educate ourselves on how individuals from other states are working to reform, or totally abolish, their own facilities. Business cards were passed, connections were made, and comfort zones were pushed. Some of our own members went up on stage and presented PowerPoints. Everyone did their part fantastically, and we appreciate everyone who helped us get this far.

On a different note, those of us with the Texas Tea Newsletter have teamed up with Charlie Malouff, the Vice President of Texas C.U.R.E. and paralegal, and Robert McLaughlan, a criminal defense and civil rights attorney. We anticipate this union to prove beneficial in taking the cases within the Texas Civil Commitment Center to courtrooms and state legislature. Below you will find the contact information for our newest partners if you have any questions!

As always, thank you for reading, and we will share more updates next month!

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### What is Civil Commitment? Recent Report Raises Visibility of this Shadowy Form of Incarceration

# By **Emma Peyton Williams** with **Prison Policy Initiative** | May 18, 2023

As if serving a prison sentence wasn't punishment enough, 20 states and the federal Bureau of Prisons detain over 6,000 people, mostly men, who have been convicted of sex offenses in prison-like "civil commitment" facilities beyond the terms of their criminal sentence. Around the turn of the millennium, 20 states, Washington D.C., and the federal government passed "Sexually Violent Persons" legislation that created a new way for these jurisdictions to keep people locked up — even indefinitely — who have already served a criminal sentence for a "sex offense." In some states, people are transferred directly from prison to a civil commitment facility at the end of their sentence. In Texas, formerly incarcerated people who had already come home from prison were rounded up in the middle of the night and relocated to civil commitment facilities without prior notice. This practice, though seldom reported on, made some news in 2017 when the U.S. Supreme Court declined to hear a case from Minnesota after a federal judge deemed the practice unconstitutional. The Prison Policy Initiative has included civil commitment in our Whole Pie reports on U.S. systems of confinement, but here we



offer a deeper dive, including recentlypublished data from a survey of individuals confined in an Illinois facility under these laws.

Some advocates call civil commitment facilities "shadow prisons," in part because of how little news coverage they receive and how murky their practices are. In Illinois, for example, the Department of Corrections (DOC) facilities are overseen by the John Howard Association, an independent prison watchdog organization. But Rushville Treatment and Detention Facility, a civil commitment center that opened after Illinois enacted its own Sexually Violent Persons Commitment Act in 1998, is not subject to the same kind of oversight because it is housed under the Department of Human Services and is not technically classified as a prison. This is true in many states that have "Sexually Violent Persons" laws on their books, and consequently, horrific medical neglect and abuse proliferate in these shadowy facilities. For instance, a New Jersey civil commitment facility was one of the deadliest facilities at the beginning of the COVID-19 pandemic.

Similarly, Rushville is not held to the same reporting requirements as DOC facilities, so gathering data about people's movement in and out of the facility is only possible by filing an open records request. Reportedly, the Bureau of Justice Statistics will take steps to begin collecting data about indefinite post-sentence 'civil' confinements in June of 2023. Until that happens, it's only possible to get aggregated counts of how many people are civilly committed — nothing like the individual-level information prison systems are expected to provide in the service of transparency and accountability. This is true across the U.S., as civil commitment facilities are housed under different agencies from state to state, which makes it exceedingly difficult to measure the full scope of these systems on a national level. As a result, estimates about how many people are currently civilly

committed vary from 5,000 to over 10,000 people. Increased accountability and oversight must be chief among efforts to address this broken turn-ofthe-millennium policy trend.

A second critique of this system is reflected in another term advocates use to describe it: "pre-crime preventative detention." Civil commitment (unlike other involuntary commitment practices, such as for the treatment of serious mental illness) can be seen as "double jeopardy" repeat punishment for an initial crime, or preventative detention for a theoretical future crime that has not occurred. Advocates rightly critique the fact that one of the primary justifications for civil commitment is the predicted risk that detained individuals will "re-offend," even though people who have been convicted of sex offenses are less likely to be re-arrested than other people reentering society after incarceration.

Regardless, in many states, people who have been convicted of sex offenses are transferred from DOC facilities to civil commitment facilities at the end of their sentence and held pretrial, then re-sentenced by the civil courts. The length of these sentences is often indeterminate, as release depends on progress through mandated "treatment." But neither "risk assessment" nor "progress through treatment" are objective measures. In fact, advocates and people who have experienced these systems argue that risk assessment tools are used to rationalize the indefinite confinement of identity-specific groups, and that assessing progress through treatment is a highly subjective process determined by a rotating cast of "therapeutic" staff.

A recent report from Illinois (which I co-authored) goes beyond the numbers and reports that for many, civil commitment seems like a life sentence. This 2022 report, based on a 2019 study of residents at Rushville Treatment and Detention Facility (one of Illinois' two civil commitment facilities), exposed demographic disparities, discrimination, and abuses

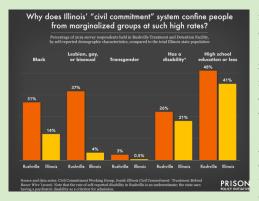
inside, and flaws with the broader framework of civil commitment. Like the broader carceral system, civil commitment disproportionately impacts Black and Brown people. In particular, the Illinois report noted an overrepresentation of Black, Indigenous, and multiracial people at Rushville. This is in line with the findings of the Williams Institute's 2020 report, which found that, on average, Black people were detained in civil commitment facilities at twice the rate of white people in the states studied.

Further, the overrepresentation of LGBTQ+ and disabled people in these facilities reflects obvious biases that are "baked into" the civil commitment decision-making process. Many states use risk assessment evaluations to assess whether or not one should be civilly committed. These actuarial tools use outcome data from previously incarcerated people and conclude that, because past studies found groups with specific characteristics more likely to re-offend, individuals that match those criteria must be continually confined. Risk assessment tools are generally problematic and frequently make incorrect predictions. Chicago attorney Daniel Coyne says that in sex offense cases, risk assessment tools are 58% accurate, or "not much better than a coin toss." Illinois and many other states use the

Static-99/99R, which predicts individuals' risk using data about groups that come from overwhelmingly unpublished

studies. This risk assessment tool is notably homophobic, as it assigns a point (and thus, a higher risk value) to those who have a "same-sex victim." The Williams Institute writes:

"In addition to normalizing violence against women, this *a priori* assigns gay, bisexual, and MSM [men who have sex with men], who are more likely to have a male victim, a higher score, marking them as more dangerous than men who have female victims regardless of any other characteristics of the offense."



The evaluation also considers those who have never lived with a romantic partner to be at higher risk of reoffending, which means that LGBTQ+ people who may not be able to safely live with a partner in a homophobic area and young people who may not have had the opportunity to live with a partner yet would receive higher scores. Accordingly, representation of LGBTQ+ people in Rushville was drastically higher than in the general public.

Criteria for detention usually include diagnosis with a "mental abnormality," in particular, a personality disorder or a "paraphilic" disorder that indicates "atypical sexual interests." "Paraphilic" is a problematic category that relies heavily on scrutinizing and pathologizing human sexuality. Further, the act of civilly committing people to a "treatment" facility implies that there is a mental health issue or "nonnormative" sexual behavior to be treated and/or cured. This is especially alarming given that the American Psychiatric Association completely disavows the practice, saying, "Sexual predator commitment laws represent a serious assault on the integrity of psychiatry."

Since having a "mental abnormality" is a criterion for admission, measuring the overrepresentation of disabled people in these facilities is challenging. By the logic of civil commitment, 100% of people inside have a psychiatric disability. In the Illinois report, 26% of Rushville respondents self-identified as having a disability, compared with 21% of the Illinois population. Low levels of educational attainment (i.e., having a high school degree or less) were also very high, at 48%. Anecdotally, survey respondents

reported that many of their peers inside could not complete the survey because they were illiterate or had cognitive impairments that prevented them from reading and filling out a paper questionnaire, so disabled respondents' voices are likely underrepresented.

Agencies that control civil commitment often insist that civil commitment is treatment, not prison. Texas Civil Commitment Center staff even went so far as to instruct detainees "to call their living quarters 'rooms,' not prison cells." But advocates question whether or not civil commitment can be considered therapeutic. Can forced confinement inside facilities with high rates of violence, controlled by staff who use the same punitive measures that are common inside prisons, ever be healing?

Two-thirds of respondents inside Rushville in Illinois report that they have been sent to solitary confinement, a (potentially

permanently) psychologically damaging practice. Rushville, like other civil commitment facilities across the U.S., also uses archaic treatment and evaluation technologies, including the penile plethysmograph, a "device [that] is attached to the individual's penis while they are shown sexually suggestive content. The device measures blood flow to the area, which is considered an indicator of arousal." Rushville detainees are subjected to chemical castration, or hormone injections that inhibit erection and have been linked to long-term health impacts. Further, their progress through treatment is measured using a variety of highly questionable evaluation tools, including polygraph lie detector test results which have been inadmissible in Illinois courts since 1981. The technologies that these facilities rely on look a lot more like medieval torture devices than the supposed "therapeutic tools" that they claim to utilize.

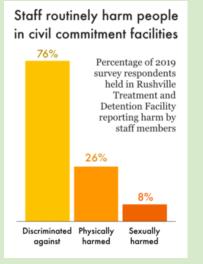
Even if we buy into the myth that civil commitment facilities provide the treatment they claim to offer, there is minimal evidence that this supposed

treatment works, and moving through treatment tiers is difficult, if not impossible. Even staff inside report that they receive pushback when trying to advance people toward release. One review from a past employee of Rushville's contracted mental health care service, Liberty Healthcare Corporation, reported, "The hardest part of the job is fighting for residents who should be on conditional release and dealing with the outcome when refusing to act in unethical ways." Progress through treatment is dependent on a regularly fluctuating staff, often made up of graduate students who are finishing their residencies and then moving on to another facility. Residents inside report being demoted to earlier tiers of treatment by new residents who disagreed with previous staff members' assertions.

With little transparency about or consistent standards regarding how to progress through treatment, many people inside say that civil commitment feels like a de facto life sentence. At Rushville, the average length of detention was 9.5 years and counting. According to a 2020 FOIA response from the Illinois Department of Human Services, more than twice as many people had died inside than had ever been released. Similar circumstances have been reported from Texas, where only five men were released in the facility's first two and a half years of operation, four of whom were sent to medical facilities where they died shortly thereafter. A 2020 article about Rushville included the following findings:

"Slightly more than half of the total population [has] been held for 10 years or more. Fifty-one people in Rushville have been held in civil commitment for 20 years or more, and 12 have been in civil commitment for 22 or more years, meaning they've been in civil commitment since the statute was implemented in 1998."

People inside reinforce these findings. One Illinois survey respondent reported, "This is a life sentence after the completion of a criminal sentence. We are treated worse [than] prisoners. This is a sentence of death by incarceration. Not a revolving door program." Indefinite sentences that are contingent on progress through treatment that feels unhelpful and opaque contribute to distress inside. This distress can result in violence and a hateful culture, between detainees and from staff to detainees. Threequarters of detainees report being discriminated against by staff, and onequarter report being physically harmed by staff. 8% of detainees said they were sexually harmed by staff. Anecdotally, respondents shared a number of stories about experiencing physical or sexual harm from other residents. Though civil commitment facilities are tasked with "treating" sexual violence, they actually create physical environments that foster sexual, physical, and emotional violence.



Civil commitment facilities are not only legally and ethically dubious, they also fail to deliver on the very objectives that justified their creation. Even still, the trend toward preventative and "therapeutic" forms of detention that are fueled by biased and error-filled algorithms and risk assessment tools is growing. As one reporter from Texas notes:

"Critics of private prisons see in the Texas Civil Commitment Center the disturbing new evolution of an industry. As state and federal inmate populations have leveled off, private prison spinoffs and acquisitions in recent years have led to what watchdogs call a growing "treatment industrial complex," a move by forprofit prison contractors to take over publicly funded facilities that lie somewhere at the intersection of incarceration and therapy."

In an era where lawmakers frequently champion "evidence-based" punishment, the public must remain vigilant in questioning whether these practices actually accomplish their supposed goals. Do they reduce the mass incarceration of hyper-policed communities? Do they minimize the ongoing harms of the criminal legal system? Do they reduce the number of people entering prisons or increase the number of people exiting them? In the case of civil commitment, the answer to all of these questions is no.

Though under-resourced, the movement to address harmful civil commitment policies is longstanding. A variety of advocates are leading campaigns to address ineffective sex offense policies across the U.S. (including the sex offender registry system). Other organizations support ongoing litigation campaigns like the one that was considered by the U.S. Supreme Court in Minnesota. Advocates inside and outside agree that civil commitment facilities fail to deliver meaningful safety and healing.

It's time for policymakers to close these facilities that leverage pseudoscience to keep people under state control. Instead, we must invest in initiatives that actually prevent child and sexual violence, including measures advancing economic justice, accessible non-carceral mental healthcare, comprehensive sex education, and consensual, community-based restorative and transformative justice initiatives.

